



Tyalla Primary School

Joyce St
Coffs Harbour
NSW 2450

Ph: (02) 6652 4488

Fax: (02) 6651 4096

Email: tyalla-p.school@det.nsw.edu.au

Web: www.tyalla-p.schools.nsw.edu.au



We acknowledge the Gumbayngirr Peoples as the traditional custodians of our School lands

Newsletter No. 24 - 9th September

Dear Parents/Carers,

Welcome to the final newsletter for Term 3!

This week, our Stage 3 children will be participating in a range of activities to commemorate Child Protection Week. As a result, they will travel to a large activity day that is being staged in Coffs Harbour. The day will be run by multiple Government and community agencies and will actively promote the importance of personal safety for our children in Years 5 and 6. It should be a really great day for all students involved and the main message of personal safety and welfare is a really important one.

Additionally, there are a range of resources and brochures which are easily accessible on the internet for any teachers or parents that may like to access these.

The first resource is called 'Listening to Children' and may be accessed at:

<http://napcan.org.au/wordpress/wp-content/uploads/2013/08/listeningtochildren.pdf>

The second resource is called 'Ways to Support and Encourage a Child's Right to Speak and be Heard'. You may access this by going to:

<http://napcan.org.au/wordpress/wp-content/uploads/2013/08/Download-PDF1.pdf>

The third resource is called 'Words That Help'. To have a look at this go to:

<http://napcan.org.au/wordpress/wp-content/uploads/2013/08/wordsthathelp.pdf>

Our kids are worth the effort.

As this is our final newsletter before the school holidays, I would like to take this opportunity to thank everyone for their support this term and to wish you a very happy and safe school holiday period.

If you would like to see some fantastic cars, trucks and motorbikes, please come and have a look at the Shannons Coffs Harbour 'Show & Shine' that is being held at Geoff King Motors Oval (formerly known as Advocate Park) on Sunday, 4th October. Money raised on the day will go towards subsidising the cost of swimming lessons for your children in Term 4.

Students return to school for Term 4 on Tuesday, 6th October.

Have a great week.

Stewart Copeland
Principal

TYALLA SHOW & SHINE - OFFER TO VOLUNTEER (SUNDAY, 4TH OCTOBER, 2015) - please return to school ASAP

I/we: _____ are able to volunteer at this year's 'Show & Shine' P&C Fundraiser on Sunday, 4th October.

I/we are able to volunteer in the role of _____

Contact Phone: _____



A Great School in a Great Environment

IMPORTANT DATES/REMINDERS

11th September FRIDAY	WHOLE SCHOOL ASSEMBLY (9.10am) - all welcome
15th September TUESDAY	K-6 REWARD DAY - fun activities at school (no cost)
17th September THURSDAY	SCRIPTURE SERVICE - details in today's newsletter
18th September FRIDAY	FINAL DAY OF TERM 3
6th October TUESDAY	FIRST DAY OF TERM 4
13th - 15th Oct TUES-THURS	STAGE 2 EXCURSION - YARRAHAPINNI - \$50 progress payment due by 16th September

CANTEEN ROSTER

WEEK COMMENCING MONDAY, 14TH SEPTEMBER

Monday, 14th September	Linda Walker, Daphne Miller
Tuesday, 15th September	Jodi Morley
Wednesday, 16th September	Vicki Baldwin
Thursday, 17th September	Lei Harrison
Friday, 18th September	Daphne Miller

canteen

THURSDAY & FRIDAY (10TH AND 11TH SEPTEMBER)

Spinach & Feta Triangles - \$1.50 each

WEDNESDAY, 16TH SEPTEMBER

Vegetarian Spinach & Pumpkin Risotto - \$3.50

Spinach, Pumpkin and Chicken Risotto - \$3.50

P&C NEWS

Dear Parents & Carers,

What a great Father's Day stall we had this year! Thanks to the families who supported the stall and to Melanie, Jackii and Carol for helping out on the day.

You will have had some raffle tickets come home this week. The P&C have decided to make the most of the 'Show and Shine' and run a raffle. We would like to thank all the businesses who have generously donated prizes. There are lots of great prizes to be won! If you have some time to help out on the day please complete the slip on the front of the newsletter and return it to the office. Alternatively, you can phone the office on 6652 4488.

In Kindness

Tina Di Sisto (P&C President)

ASSEMBLY AWARDS

TERM 3, WEEK 8



GOLD AWARDS: Samuel Brittliff, Taylah Oxborough



RUBY AWARD: Trinity McMahon

**CONGRATULATIONS
TO ALL OF OUR
AWARD RECIPIENTS**

CLASS OF THE WEEK: 4-5RO

Visit the school website for further awards and photographs
www.tyalla-p.schools.nsw.edu.au

STAGE 2 YARRAHAPINNI EXCURSION PAYMENT PLAN

13TH - 15TH OCTOBER, 2015

PAYMENT	DUE DATE	BALANCE
\$60 deposit	overdue	\$160
\$60	overdue	\$100
\$50	16th September	\$50
\$50	7th October	NIL

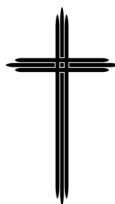
Kindergarten

HAVE YOU ENROLLED YOUR CHILD FOR
KINDERGARTEN 2016?

CALL INTO THE OFFICE TODAY FOR AN
ENROLMENT PACK. ORIENTATIONS
HAPPENING SOON ... DON'T MISS OUT.

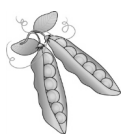


ANNUAL SCRIPTURE CHURCH SERVICE



Next Thursday, 17th September, Years 3-6 will be walking to the Wesleyan Methodist Church (near the Bray Street shops) to attend our annual Scripture Church Service. Pastor Richard will be conducting the service. We will leave school at 9.30am and return at the conclusion of the service.

Parents and carers are most welcome to join us there. Non-scripture students will remain at school.



The simplest way

...to add vegies, every day!

Eating the right amount of fruit and veg can lower your risk of cancer by 5-12 percent. Yet most adults don't eat enough of either, particularly veg – and what adults eat affects the whole family.

Did you know legumes like baked beans are a type of vegetable?



Add legumes across your day to get some extra veg in:

- Baked beans on toast for brekky, or an easy dinner, or pack a small tin for lunch
- Add drained chickpeas to your salads
- Red Kidney beans make a tasty addition to bolognese sauce, add towards the end of cooking.

Eating vegies doesn't have to be complicated – aim for five serves a day, across your day.

For more information visit
www.eatittobeatit.com.au
or join us at facebook.com/eatittobeatit



Healthy • Active • Happy • Kids

FREE fun program for kids to become fitter healthier happier. Do you have children aged 7 to 13 years and worry they may be above healthy weight range?

Go4Fun provides a fun approach to learning skills for life. Each week involves fun games **including free sessions at the local pool.**

Mid North Coast families who participated in the program last term highly recommend the program, describing improvements in their children's fitness, physical activity levels, nutrition and self-esteem.

A parent or carer must attend with their child. Parents receive a \$15 fresh fruit and vegetable voucher for each session you attend.

Take part in a free Go4Fun program in term four 2015!

REGISTER NOW!

Venue: Tyalla Public School

Tuesdays

4pm – 6pm

Starting: October 13th

Register: Contact Go4Fun
on 1800 780 900
or text 0409 745 645
for a call back. Register online
at: www.go4fun.com.au



Local contact: Margo Johnston P: 6562 0324



Health
Mid North Coast
Local Health District



Lake Ainsworth Sport and Recreation Centre have a number of Holiday Programs for children aged 7-15 these school holidays.

Programs include a Residential Camp, Kids Club, Sailing, Surfing and Laser Skirmish.

For further information please visit our website
www.sportandrecreation.nsw.gov.au or contact 13 13 02



Office
of Sport
Sport & Recreation

SCHOOL BANKING UPDATE!

Thanks to the fantastic efforts of our students we have raised **\$383.80** for our school through School Banking commissions for the 2014-2015 financial year. Our school receives \$5 when a student makes their first ever School Banking deposit and 5% on every deposit made through the school (to a maximum of \$10 per individual deposit). Remember, saving regularly is an important habit to get into, whether you're saving a little or a lot. Keep up the great work and remember to bring in your School Banking deposit each Wednesday. Thank you for supporting the School Banking program.

HAVE A SAFE AND HAPPY HOLIDAY BREAK - SCHOOL BREAKS UP FRIDAY, 18TH SEPTEMBER AND RESUMES TUESDAY, 6TH OCTOBER

KIDS DAY

TUESDAY
SEPTEMBER 22

10AM - 3PM
AT COFFS
RACING CLUB
Howard St,
Coffs Harbour

GATES OPEN 9.30AM

**ONLY APPEARANCE
WHEEL OF STEEL.**



COFFS HARBOUR
INTERNATIONAL
**BUSKERS
& COMEDY
FESTIVAL**
20-27 SEPTEMBER
2015

Full day featuring: Buskers fun • Jumping castles • Acrobats • Jugglers • MC Super Sam & more.

Buskers do not put the hat out.
Once you're inside all rides &
entertainment are free.

Tickets \$10 + small booking fee **ONLINE**.
Accompanying parent & adult carers **FREE**
GROUP BOOKING DISCOUNT AVAILABLE.

Tickets from JLE or RACING CLUB • Pre purchase \$10 each OR at the gate \$12

BOOK TICKETS NOW!

6652 8266 | www.coffsharbourbuskers.com



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The Education Centre
theeducationcentre.com.au
Ph: 6652 2222

- Kindergarten to Year 12
- Drama, Singing, Music
- Japanese, Mandarin, French & Italian

62 Bray St Coffs Harbour
2 / 7-9 Market St Woolgoolga

K-F-C Kids Club
Every Friday from 6pm - 7:30pm
Children aged: 5-13 years
Fun Activities, Stories
& Lots of Laughter

Coffs Harbour
Wesleyan Methodist Church
of Australia
Invites you to church
76b Bray St, Coffs Harbour
Sunday @ 9:15am

Less than 1km from Tyalla Primary School Ph: 6652 7422 Email: coffs.wmc@gmail.com

COFFS HARBOUR SQUASH & SWIM CENTRE
6653 6523

Friday Junior Squash - 4pm-7pm, Every Friday through term, equipment provided, learn through play, having fun with friends.

Learn To Swim Classes - Parent & Bubs Classes
ENQUIRE NOW Pre-school & Primary Students

Little Squashies - A program developed for young children to the sport of squash. 6 - 8 week program.

www.coffssquash.com.au

Concerned about your child's hearing?

Children are eligible for government funded hearing services from Australian Hearing up to the age of 21.

To find out how we can help, call **6652 0700** or visit us at **2 Lyster Street Coffs Harbour**

Australian Hearing 6652 0700 www.hearing.com.au

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A Programme of Tennis Related Activities Designed to Enhance the Co-ordination, Awareness & Confidence of Your Child.

*Qualified Senior Coaches *Established For 15 Years
*Full Insurance Cover For Your Child
Ages 3-4yrs, 5-6yrs, 7-9yrs, 10-12yrs, 13-16yrs

For FURTHER Information Times & Bookings
Phone: 6658 3977

BLAT STYLE BREAKFAST WRAP
VEGO BREAKFAST
SCRAMBLED EGGS & BACON

\$10 BREAKFAST
7 DAYS A WEEK
7AM - 8:30AM

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