



# Tyalla Primary School

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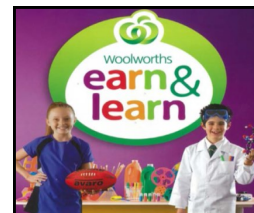
We acknowledge the Gumbayngirr Peoples as the traditional custodians of our School lands

## Newsletter No. 21 - 19th August

Greetings,

### WOOLWORTHS EARN & LEARN PROGRAM

We are very thankful to Woolworths for the sensational support they give us each week with our 'Crunch & Sip' Program through their very generous supply of fresh fruit that they donate to us each week. This is truly appreciated. Now, Woolworths are offering our school even more support through the Earn & Learn Program. When shopping at Woolworths, ask for your Woolworths Earn & Learn Stickers from the checkout operator. Simply place them on a Woolworths Earn & Learn Sticker Sheet and drop them into the Tyalla collection box at Woolworths. You get one Earn & Learn Sticker for every \$10 spent (excluding liquor, tobacco and gift cards). Sticker sheets are available from the school office or by downloading at [woolworths.com.au/earnandlearn](http://woolworths.com.au/earnandlearn). The rewards we earn from these allow us to purchase equipment for our classrooms each year.



### PARENTING IS EASY (or is it?)

As parents we love our children unconditionally. We laugh with them, play with them, guide them and above all, keep them safe from harm. But there is a point where we need to let our children experience the world and to know what may happen if things do not go their way at various stages in their lives. We learn by our mistakes and if children are not given the opportunity to explore their world we are denying them valuable experiences that they can build upon. The article below sums this up well.

'The Effects of Overparenting on Young Adult Children'

Source: The Association Between Over-Parenting, Parent-Child Communication, Segrin, et al., Family Relations; Apr 2012; 61, 2; ProQuest, p237.

Most of us have heard the term 'helicopter parenting'. It's a term used to describe overly involved parents who hover over their kids, ready to swoop down and resolve any problems their child may encounter. The term is most often used in reference to parents of late adolescent or young adult children. It's a version of over-parenting in which parents demonstrate excessive involvement in their children's lives and apply developmentally inappropriate parenting tactics by failing to allow for levels of autonomy and independence suited to their child's age.

The findings showed that this undoubtedly well-intentioned parenting practice is associated with otherwise flawed family processes, it does not contribute to flexible traits in young adult children, and appears to cultivate a sense of entitlement in young adult children.

Key messages:

- When children are over-parented they come to expect that problems will be solved for them and that they should not have to tolerate going without what they want. In very young children, over-parenting has been linked to anxious, withdrawn, depressive and insecure tendencies.

Things you can do:

- Keep a check on how much parental time and effort is being put into keeping your child constantly happy.
- Try not to be at the beck and call of your child or feel they must be constantly entertained.
- Allow them to try, have a go, make an attempt, experience mistakes.
- Encourage resilience and resist the urge to rescue.
- Don't protect them from natural consequences, but rather allow them to learn from these.
- Instigate age-appropriate responsibilities that don't require a high level of parental support or monitoring.

### STAGE 3 EXCURSION

I would like to offer up a very special thank you to our staff members (Mr G, Mrs Rayner and Ms Soderlund) who took the Stage 3 children away on camp last week. From all reports I am hearing, it was a great camp and the student behaviour was excellent. Well done Tyalla.

Have a great week.

Stewart Copeland  
Principal

*A Great School in a Great Environment*

## IMPORTANT DATES/REMINDERS

|                                       |   |
|---------------------------------------|---|
| <b>W/C 24th Aug<br/>WEEK 7</b>        | <b>BOOK WEEK</b><br>- wear PJ's on your library day and bring a torch!                  |
| <b>24th August<br/>MONDAY</b>         | <b>P&amp;C MEETING - 7.00pm (school staffroom)</b><br>- all welcome                     |
| <b>27th August<br/>THURSDAY</b>       | <b>GROUP PHOTO ORDERS DUE</b><br>- order envelopes available from the office            |
| <b>28th August<br/>FRIDAY</b>         | <b>NORTH COAST ATHLETICS</b><br>- for qualifying students                               |
| <b>13th - 15th Oct<br/>TUES-THURS</b> | <b>STAGE 2 EXCURSION - YARRAHAPINNI</b><br>- don't forget to make your progress payment |

## CANTEEN ROSTER

### WEEK COMMENCING MONDAY, 24TH AUGUST

|                               |                             |
|-------------------------------|-----------------------------|
| <b>Monday, 24th August</b>    | Linda Walker, Daphne Miller |
| <b>Tuesday, 25th August</b>   | Craig Woods, Jodi Morley    |
| <b>Wednesday, 26th August</b> | Craig Woods, Vicki Baldwin  |
| <b>Thursday, 27th August</b>  | Craig Woods, Lei Harrison   |
| <b>Friday, 28th August</b>    | Craig Woods                 |

## CANTEEN NEWS - BUTTER CHICKEN

On Thursday, 27th August the canteen is selling its famous 'Butter Chicken' again. Please pre-order at the canteen. Thanks ... Simone.

Small \$3.50  
Large \$4.50

## P&C NEWS

Dear Parents & Carers,

We are having our next P&C Meeting on Monday, 24th August at 7.00pm in the staffroom for anyone who would like to join us.

We are looking for someone to take over the P&C/Canteen Treasurer's position as Tiffany Mahar has been kind enough to keep the role even though her children are now at high school. We have worked hard this year to simplify the way the books and banking are done, so it will be an easy handover to our next Treasurer. Most of this role can be done in your own time as the banking is now online. Tiffany will be happy to offer ongoing support and training. If you would like more information please come along to the meeting or leave your details at the office and Tiffany or I will be in touch.

As with all volunteer roles, there are great rewards. I hope that if you feel that this role may be for you, you will be in touch.

In Kindness

**Tina Di Sisto (P&C President)**

meeting

## ASSEMBLY AWARDS

### TERM 3, WEEK 5

### SILVER AWARDS



CLASS OF  
THE WEEK  
1KB

Please visit the  
school website  
for further  
awards and  
photographs!

### GOLD AWARDS



**GOLD:** Imogen Richards, Tyleah Reilly, Colby Owens

### RUBY AWARDS



**RUBY:** Colby Owens

congratulations



HAVE YOU ENROLLED YOUR CHILD FOR  
KINDERGARTEN 2016?  
CALL INTO THE OFFICE TODAY FOR AN  
ENROLMENT PACK.



Congratulations to Brooke Potter and Lani Chrisopoulos -  
Stage 2 Healthy Lunchbox Winners!

A name is drawn randomly each week and to qualify students must have a bottle of water and a healthy lunch and recess. They then get to pick from the box which contains some great prizes from Amart Sports. Good luck and well done to Brooke and Lani.

### BOOKWEEK - 2015

**Next week is Book Week!**

To celebrate, children are encouraged to wear their pyjamas to school on their library day and bring a torch as well as we will be reading by torchlight!

**KIDS WHO READ SUCCEED**



### STAGE 2 YARRAHAPINNI EXCURSION PAYMENT PLAN

13TH - 15TH OCTOBER, 2015

| PAYMENT      | DUE DATE       | BALANCE |
|--------------|----------------|---------|
| \$60 deposit | 19th August    | \$160   |
| \$60         | 2nd September  | \$100   |
| \$50         | 16th September | \$50    |
| \$50         | 7th October    | NIL     |



### **“Musical Futures”**

**Coffs Harbour City Orchestra**  
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**Bishop Druitt College**  
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**TICKETS AT THE DOOR:**

**\$10 and school age students FREE**  
(proceeds shared by the schools & Coffs Orchestra)

Pamela Fayle (02) 6654 7700  
Tim Egan 0418 515 617  
[www.coffsorchestra.org.au](http://www.coffsorchestra.org.au)

### **EXCLUSIVE ADVERTISING OPPORTUNITY**

#### **Support Tyalla Primary School**

Tyalla Primary School has requested AustNews to provide their newsletter service for a 12 month period. The school has chosen to distribute paper newsletters to the school community.

- Newsletter distribution is weekly (during school term) over a 12 month period to families and staff.
- Your ad will be displayed on every newsletter.
- These are exclusive advertising positions (only one of each type of business on a newsletter).


If you would like to promote your business and support Tyalla School please contact Wendy at AustNews on (07) 3330 1635 or [wendy@austnews.com.au](mailto:wendy@austnews.com.au)

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62 Bray St Coffs Harbour  
2 / 7-9 Market St Woolgoolga

**K-F-C Kids Club**  Coffs Harbour  
Wesleyan Methodist Church of Australia

Every Friday from 6pm - 7:30pm  
Children aged: 5-13 years

**JESUS Loves Me**  
Fun Activities, Stories & Lots of Laughter  
Invites you to church  
76b Bray St, Coffs Harbour  
Sunday @ 9:15am

Less than 1km from Tyalla Primary School Ph: 6652 7422 Email: coffs.wmc@gmail.com

**COFFS HARBOUR SQUASH & SWIM CENTRE**  
6653 6523

**Friday Junior Squash** - 4pm-7pm, Every Friday through term, equipment provided, learn through play, having fun with friends.

**Learn To Swim Classes** - Parent & Bubs Classes  
**ENQUIRE NOW** Pre-school & Primary Students

**Little Squashies** - A program developed for young children to the sport of squash. 6 - 8 week program.

**www.coffssquash.com.au**  Find us on Facebook

**Concerned about your child's hearing?**

Children are eligible for government funded hearing services from Australian Hearing up to the age of 21.

To find out how we can help, call **6652 0700** or visit us at **2 Lyster Street Coffs Harbour**

 **6652 0700** [www.hearing.com.au](http://www.hearing.com.au)

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**For FURTHER Information Times & Bookings**  
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